

2010 – The Year of the Metal Tiger

By Diana Garber, The Feng Shui Results Lady

<http://www.IntuitiveConcepts.com>

1-866-689-6891



2010 is the year of the metal tiger from a Chinese astrology perspective. When evaluating Chinese astrology, we evaluate the year's heavenly stem and earthly branch. Our logo honors this approach as the round symbol represents heaven and the square center is earth.

- The element that cycles every two years is known as the heavenly stem; so there are fire, earth, metal, water, and wood tigers. Variations in the heavenly stem influence one's personality, which explains why not all tigers are the alike (people and years).
- The earthly branch is the animal—one of the twelve Chinese zodiac signs. Tiger is considered 3rd in the hierarchy, following the rat. The tiger is sometimes also called the cat.

Tiger years can be invigorating and emotional. The tiger's motto is "I feel." While tigers typically act with the best of intentions, they can be reckless. Think of them in the wild. When hungry, they hunt and feast. Tigers go from feast to famine, and are not necessarily known for consistency. Why is this important? It can imply acting for short-term gain rather than long-term strategies: Global warming, the war, catastrophes, the economy, etc. We need to remind our leaders of this and support them in making strategic decisions.

Tigers crave excitement as they are natural explorers. They delight in the play (the process) more so than the conclusion. Tigers are easily bored with responsibility and rules. In this analogy, think about the economy. It will be too tempting to return to old patterns as the economy begins to recover. The old ways didn't serve us then, and they won't serve us now!

On the surface, 2010's Feng Shui element is earth (based on this being an eight year) and the Chinese astrology element is metal – so one might assume the elements compliment each other and therefore it's a smooth year. However when taking a deeper look, the tiger's natural element is hard wood (also known as yang wood). Metal chops wood so this is a first-level indication the tiger's negative traits may dominant its positive traits.

The Chinese astrology calendar has a 60-year cycle, so the last time we experienced metal tiger energy was 1950. Events that happened in 1950 can provide an indicator for what we may experience this year: The largest cash robbery in America's history, the Soviet Union backed Ho Chi Minh and the U.S. backed Bao Dai in Vietnam (splitting Vietnam in two), McCarthyism began, the first "Ten Most Wanted List" was issued by the



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FBI, Life Magazine published UFO sightings, North and South Korea went to war, the first automatic elevator was installed which ultimately affected thousands of elevator-operator jobs, J. Edgar Hoover refused to accept the existence of organized crime, Florence Chadwick swam the English Channel in record time, U.S. Government seized the railroads to prevent a strike, the Peanuts comic strip debuted, an assassination attempt was made on President Truman, a trade ban was placed on China, a national emergency was declared, Dalai Lama fled Tibet, and the census showed the average weekly industrial wage at \$60. So which events were short-term based, and which long-term strategy based?

All About Eve won best picture. New products that year: Antihistamines, Sucaryl, Sugar Pops, automatic elevator, Sony tape recorders, instant Maxwell House coffee, Miss Clairol, Green Giant canned foods, Silly Putty, and Kraft Deluxe cheese slices.

Let's look at some of the births that year. Some believe we need to see where we came from to see where we're going (i.e., lessons turned to opportunities). How have these people lived their lives? Think objectively about the impact they've had: Cybill Shepherd, Julius Erving, Bobby McFerrin, William Hurt, Teddy Pendergrass, Martin Short, Peter Frampton, Jay Leno, Bill Murray, Randy Quaid, Jackson Browne, Jane Pauley, Ed Harris, and Leonard Maltin. When you think of tigers, these people live life their own way and confirm the tiger's independent nature.

Each Chinese astrology animal has an opposing animal. For the tiger it's the monkey whose element is metal. Monkeys and tigers will have more challenges in 2010 than other signs.

How will 2010 be for you? Here's a very-high level chart. Intricate details such as your heavenly stem being yin or yang are not calculated and also affect how you'll experience the year. A more detailed analysis is called four pillars.

| | Rat | Ox | Tiger | Rabbit | Dragon | Snake | Horse | Sheep | Monkey | Rooster | Dog | Pig |
|---|-----|----|-------|--------|--------|--------|-------|-------|--------|---------|-----|-----|
| + | | | | male | | female | | + | | + | | |
| - | | | | female | - | male | - | | - | | - | - |
| = | = | = | = | | | | | | | | | |

Trend Legend: + Good Year - Negative Year = Average Year

Does life come to a stand still because it's not particularly a good year? No, of course not. This is helpful information that enables success. If your energy is low this year, postpone strategic decisions and major purchases for a better time. You can be sure I check energy patterns and other conditions in my planning process.



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The tiger's influence also brings health cautions such as lung and liver issues. What can you do? Seek the advice of a health professional and be proactive. Purge your body of free radicals. Explore anti-oxidant agents such as vitamins, fresh fruits and vegetables, and tea.

I've seen posts where practitioners recommend the use of water (inside and outside) this year because it's the missing element between metal and wood. I've yet to encounter a one-size-fits-all remedy that actually works for everything all the time. Any element needs to be placed appropriately, in other words – where an analysis determines it is needed. As an example, water outside certain areas of a building this year (i.e., NW) is not a good thing. Inside, too much water energy can cause life to flow to quickly or abundance to drain away.

Timing is always an important factor. If you want to improve your chances of success, consider a personal analysis. It's a custom report that details your personal energy, health vulnerabilities, energy balance, career suggestions, compatibility analysis, and calendar for this year. Also, our date analysis is helpful for all important decisions (contracts, engagements, medical appointments, travel, etc.). Call us for a free telephone consultation today!

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### About the Author

Diana Garber has several decades of experience in environmental energy and risk management. Her company, Intuitive Concepts, was founded in 1998. She has a unique blend of talents which include business executive, senior project manager; former Certified Business Continuity Professional (CBCP); Myers-Briggs; classically-trained Feng Shui practitioner, and graduate of Landmark Education.

In her former position, Diana was Vice President of Business Continuity and Disaster Recovery at Bank One. Her responsibilities entailed 70,000 employees, 65,000 workstations and 2,500 servers. She helped to run command centers for the NY terrorist attack; Hurricanes Lili and Isidore; tornadoes that devastated cities, floods of the Mississippi and Ohio rivers; Y2K; and much more.

Diana chose to leave the corporate environment to Feng Shui the world...one company, one home, one person at a time. She's accredited internationally and has been bestowed many awards (including Woman of the Year, Best of Columbus, and Achievement in Consumer Excellence). Diana was also nominated for the International Peace Prize and Jefferson Award. She's listed in several Who's Who, serves on various boards, and her 2009 project at the Building Industry Association's Parade of Homes won the bronze award for overall design.

Diana was credentialed in 2005 as the Feng Shui practitioner for The Ohio State University. She was also Director of Education for the International Feng Shui Guild. There her charge was to begin nationally-recognized certification standards for schools and practitioners. Diana regularly appears on TV and radio, is published internationally,

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and her book *A Book of Hope: A Story of Healing (9 Tips For Those Who Survived Pain, Abuse, and Loss)* will be released in 2010.

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