

Over Plan and Under Utilize

By Diana Garber, The Feng Shui Results Lady

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There are many indicators culminating that suggest we plan, plan, and plan. Especially with my background in business continuity and disaster recovery, I know this is wise. My philosophy is plan for the worst then go with the flow. A couple examples of this: The weather person says it's going to be a rainy weekend and you have a house full of people coming. You might plan board games, activities in the garage, or movies to watch. Another example is a winter storm. You might ensure there's extra wood for the wood burner, blankets to snuggle in, and lots of cocoa and soups to cook on the wood burner.

When we prepare for a situation, we're more likely to stay calm in the face of it. When we have done our planning, our emotions are less likely to get the best of us; and when we've planned for an event, we're more likely to feel safe and secure. That's one of my definitions of Feng Shui – feeling safe and secure.

I've been reading about the sun's activities. According to scientists and other sources (see bibliography) its activities are unusual. Overlay this type of information with other factors (Feng Shui, Chinese astrology, and Western astrology), and indicators surface. If you saw our [DVD](#) about the energy of 2010, I spoke about earth changes and earth trauma being particularly severe. There's been a lot of evidence of that this year and it by no means, has concluded.

The lunar eclipse on June 26 was associated with communication breakdowns (see my [article](#)). The upcoming year (2011) is a soft metal year and its Chinese astrology is the metal rabbit. Soft metal is associated with information technology and telecommunications. Metal dominates wood (the rabbit) so that indicates less desirable effects (power outages magnified=power grids, communication breakdowns [satellites, the internet], and unexpected emergencies (severe earth reactions).

So while some may scoffed at Y2K (year 2000), I was one of many who worked in command centers and behind the scenes so it wouldn't be as devastating as it could be. Thousands (if not millions) of us worked diligently for years so the public wouldn't experience huge breakdowns. Those who didn't work behind the scenes chuckled in delight thinking all the hub bub was a hoax. Their complacency about it all was confirmation our efforts were worth it!

Why do I mention Y2K? We are dependent on electricity which supports life-style choices such as cable, security systems, phones, computers, the internet and more. The planning that took place for Y2K is a good thing to do now. If a power grid or satellite goes down, it could be for a day, a week, a month, or more. So, dust off those earth changes survival manuals.

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Here are a few suggestions: Obtain food that doesn't require cooking and extra pet supplies. Keep extra water on hand. Ensure you have first aid supplies and prescriptions available. Purchase an emergency radio (crank and solar powered) and extra gas for your vehicle. You know your environment better than anyone else. What do you use on a daily basis? How will you be impacted by a power outage? What if I.T. or telecom were down for a while? Create plans for your family of where everyone should meet or go. Plan A – come home; Plan B – go to Uncle Louie's. Plan C – you get the idea.

You can choose to read this article from scarcity (fear), or you can read this article from a place of abundance (empowerment). Let me leave you with this thought. Over plan and under utilize. Hey, this could be a wonderful opportunity to single task for a while. Remember those days? This can bring families back to the dinner table for discussions. It will be what you make of it. You'll set the tone for how those around you react. Be the calm in the storm.

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About the Author

Diana Garber has several decades of experience in environmental energy and risk management. Her company, Intuitive Concepts, was founded in 1998. She has a unique blend of talents which include business executive, senior project manager; former Certified Business Continuity Professional (CBCP); Myers-Briggs; classically-trained Feng Shui practitioner, and graduate of Landmark Education.

In her former position, Diana was Vice President of Business Continuity and Disaster Recovery at Bank One. Her responsibilities entailed 70,000 employees, 65,000 workstations and 2,500 servers. She helped to run command centers for the NY terrorist attack; Hurricanes Lili and Isidore; tornadoes that devastated cities, floods of the Mississippi and Ohio rivers; Y2K; and much more.

Diana chose to leave the corporate environment to Feng Shui the world...one company, one home, one person at a time. She's accredited internationally and has been bestowed many awards (including Woman of the Year, Best of Columbus, and Achievement in Consumer Excellence). Diana was also nominated for the International Peace Prize and Jefferson Award. She's listed in several Who's Who, serves on several boards, and her 2009 project at the Building Industry Association's Parade of Homes won the bronze award for overall design.

Diana was credentialed in 2005 as the Feng Shui practitioner for The Ohio State University. She was also Director of Education for the International Feng Shui Guild. There her charge was to begin nationally-recognized certification standards for schools and practitioners. Diana regularly appears on TV and radio, is published internationally, and her book *A Book of Hope: A Story of Healing (9 Tips For Those Who Survived Pain, Abuse, and Loss)* will be released in 2010.

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*If you found this article interesting, informative, or inspiring, please let Diana Garber know: Box 899, Sunbury, Ohio 43074 USA; 866-689-6891; [www.intuitiveconcepts.com](http://www.intuitiveconcepts.com); [fengshui@intuitiveconcepts.com](mailto:fengshui@intuitiveconcepts.com).*